

模拟套卷班笔记

2021年7月11日(周日)

精讲笔记

Do you often get angry? If the answer is yes, you are not alone. Bad traffic, disagreements with people and another ___ 1-occurrence ___ (occur) can potentially be a terrible thing.

But/And/So can you **control** your temper ___ 2-or ___ do you **show** your anger every time someone crosses you?

n个连词, n+1个谓语句

One footballer known for his Temper is Liverpool striker (前锋), Louis Suarez.

After a confrontation-对抗 in a match ___ 3against ___ Chelsea, he sank his teeth into his opponent Branislav Ivanovic's flesh.

seek-sought-sought寻找

blood and flesh 血肉之躯

The bite caused outrage and he ___ 4 ___ (order) to go to an anger management course.

The theory of anger management was developed in ___ 5-the ___ 1970s.

The first reference to the term-条款 ___ 6-cited ___ (cite) by the Oxford English Dictionary **comes** in 1975s, in the work of US. It doesn't work for everyone.

About 30% of people dropped out.

But for **those** ___ 7-who/that ___ persevered, it led them to change their behavior.

Among the ___ 8-recommendations ___ (recommend) for people with a short anger **are**: accept that different opinions are acceptable, listen to the other person and don't take anything ___ 9-personally ___ (person).

Control used to be seen as restraint (约束力). But these days letting it all out is view as ___ 10-destructive -毁灭性的 ___ (destroy) behavior.

Maybe the best thing is just to count to ten when you feel you are about to **hit the roof**. It might not give you time to clam down but will allow the other person to run away.

MR079-D

The Intergovernmental Panel on Climate Change released a report stating that the world is quickly running out of time to keep global warming below 1.5 degrees Celsius.

reveal 揭露

To get there, the world would have to cut current emissions by 45 percent by 2030. That sounds absurdly unlikely.

ridiculous 荒谬的

But before we give in to despair, we should remember that the technology to **address-应对, 处理, 解决** climate change is going along at a high speed.

The largest source of U.S. carbon emissions is transportation, and a Green New Deal for motor vehicles would be quite straightforward.

The reason is simple: with some subsidies (补贴), electric cars and buses are now cost-competitive with fossil-fuel vehicles.

Electric buses have made the greatest speed into the market, because they are a logical choice for electrification.

By the end of 2018, electric vehicles were displacing about 280,000 barrels of oil demand per day—about 84 percent of which was due to buses.

But the electric car market is also reaching maturity (成熟), with appealing designs, longer range, and a quickly-expanding rapid charging network in many countries. It's worth emphasizing that most of the infrastructure (基础设施) necessary to recharge electric vehicles already exists.

People often tend to assume-» assumption n. that we would need to replace every gas station, but virtually all homes and businesses already have an electrical connection which can be easily improved for fast charging.

All that is needed to go fully electric is enough battery capacity and fast charging stations to deal with long trips.

Now America would have to repair its electricity production, **freight-货运** rail, shipping, and so on to fully decarbonizes (脱碳) the transportation sector, which taken together will be considerably more difficult than simply extirpating fossil fuel vehicles from the market.

But greening America's vehicle would be straightforward, relatively cheap, and a huge stride (大步) forward on climate. The politics of climate change are so fearful that despair can seem logical, but the first step to achieving a tough goal is the confident belief that it can be done. And this particular step wouldn't even be that tough.

1-How's the goal of keeping global warming below 1.5 degrees Celsius according to Paragraph 1?

- A. Reasonable.
- B. Safe.
- C. Realistic.
- D. Impossible.

2-How can electric vehicles compete with fossil-fuel ones?

- A. By getting financial support from government.
- B. By running at the greatest speed.
- C. By changing the way of transportation.
- D. By making consumers make logical choices.

3-What should we do to promote electric cars now?

- A. Replace as many as gas stations.
- B. Solve the problem of long trips.**
- C. Build more infrastructures for recharging.
- D. Make businesses have electrical connections.

4-Which of the following best explains "extirpating" underlined in Paragraph 5?

- A. Repairing.
- B. Producing.
- C. Moving.

D. Forbidding.

MC079

Growing up in Kenya was amazing because I learned so much, though the poverty and lack of resources were sometimes frustrating. I knew I didn't have much, but I was ___1___.

There was only one thing I wasn't happy with: education. I wanted to go to high school and university.

I had the drive, the will and the grades, ___2___ I didn't have the resources. Even basic things like food, water and shelter weren't readily available.

Young people in poverty have little or no ___3___ to high schools and universities.

Where I lived, it was challenging ___4___ someone helped. When I left primary/elementary school, I was in the same ___5___ as many other poor disadvantaged youth.

___6___, during that year, a charitable high school for girls, Starehe Girls Centre, was ___7___ and I received a scholarship.

take up 从事

Today, I am on record as being the first student to be enrolled in this school.

In 2006, my school ___8___ The Global Give Back Circle, a not-for-profit organization for ___9___ disadvantaged girls to complete their education and gain ___10___ skills.

After graduating from high school, I was given access to a nine-month IT course. ___11___, its give-back attitude had taught us to not only care about ourselves but other people. With this in mind, 10 of us created a website called "Hey Sister, Get Clued-Up ". Through this educational website, aimed at networking 10,000 African girls worldwide, all Sisters commit to sending information to their villages. This can be to ___12___ financial freedom, advanced information ___13___ to health issues and provide knowledge about social networking behavior.

"Hey Sister, Get Clued-Up " is only ___14___ to those girls who can access the Internet, which highlights the huge challenge in narrowing the divide between the haves and have-nots. But our plan is that these girls will ___15___ what they learn to other girls through the power of their voice ".

- 1-A. energetic B. happy C. confident D. hopeful
 2-A. so B. and C. but D. since
 3-A. access B. means C. chance D. dream
 4-A. so B. when C. as D. unless
 5-A. occasion B. situation C. dilemma D. position
 6-A. Generally B. Importantly C. Luckily D. Casually
 7-A. put up B. taken up C. made up D. set up
 8-A. approved B. took C. joined D. launched
 9-A. psychologically B. physically C. educationally D. financially
 10-A. social B. average C. typical D. professional
 11-A. In short B. In all C. In addition D. In brief
 12-A. promote B. introduce C. employ D. present
 13-A. attached B. compared C. related D. devoted
 14-A. alternative B. acceptable C. appropriate D. available
 15-A. encourage B. spread C. add D. apply

MF079

The university of Birmingham, UK, announces that it will accept the Gaokao-College Entrance Examination exam for **high-flying=ambitious** Chinese students 1-__wishing____ (wish) to join its **undergraduate courses** in 2019.

postgraduate 研究生 institution 机构

High school students 2 ___ conj. who/ that ___ complete the National Higher Education Entrance Examination, or Gaokao, with top grades **can apply for** direct entry into Birmingham degree programmes 3 __ without ___ first completing a **foundation year**.

Gaokao, which 4 ___ is held ___ (hold) across China in early June, **is** 5 ___ increasingly ___ (increase) accepted by universities in Australia, the USA, Canada and mainland **and** Europe Birmingham **will only be** considering high quality students who achieve a minimum 80% Gaokao score and meet additional academic and English language 6 ___ requirements ___ (require).

Professor Jon Frampton, Director of the University of Birmingham's China Institute said, "I am 7_ delighted

-人 _____ (delight) that the University is now accepting the Gaokao. This gives the 8_ brightest _____ (bright) and best Chinese students 9_ an_ opportunity to move straight into the first year of our undergraduate programmes and experience the benefits of studying at a 10_ global _____ (globe) Top 100 university.

creative

garage 车库; 修理厂

as planned= as it is planned 按计划行事

作业: 178、179、186、175、188